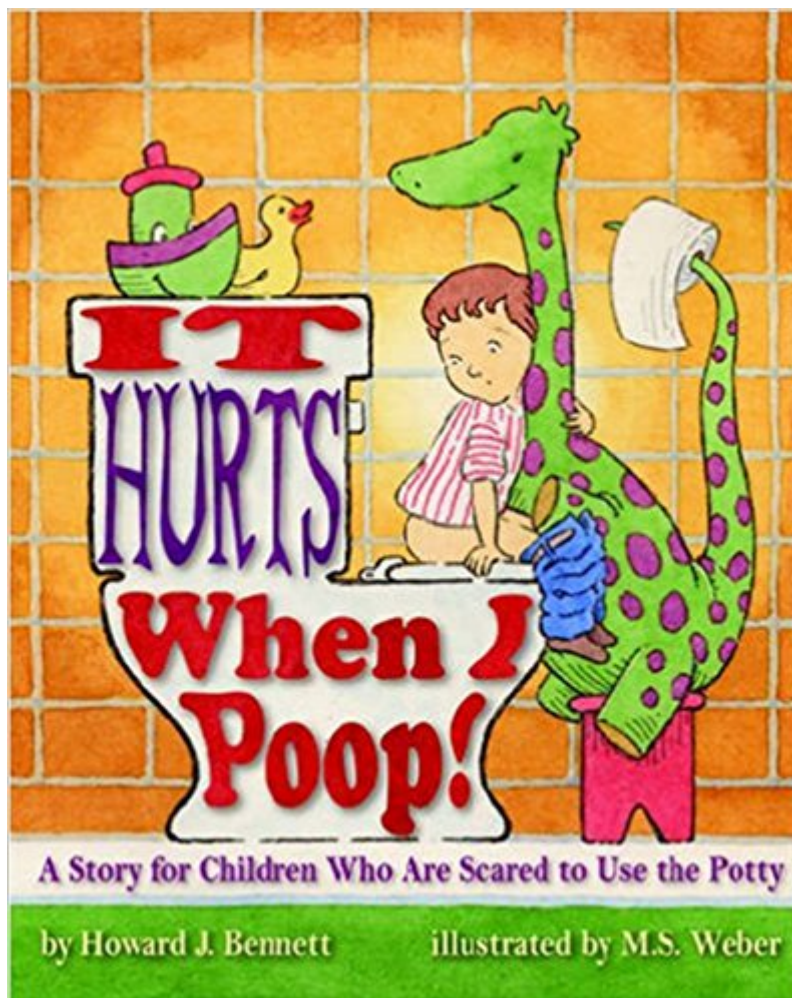




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# It Hurts When I Poop! A Story For Children Who Are Scared To Use The Potty



## Synopsis

Ryan is scared to use the potty. He's afraid to have a poop because he's afraid it's going to hurt. When Ryan's parents take him to visit Dr Gold, she engages his imagination with the story of Bill the Coyote's messy house. She also shows him what happens inside the body, and explains how different foods make using the potty easy or hard.

## Book Information

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Average Customer Review: 3.9 out of 5 stars 327 customer reviews

Best Sellers Rank: #13,357 in Books (See Top 100 in Books) #19 in Books > Children's Books > Growing Up & Facts of Life > Health > Toilet Training #28 in Books > Children's Books > Growing Up & Facts of Life > Health > Personal Hygiene #37 in Books > Medical Books > Medicine > Internal Medicine > Pediatrics

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## Customer Reviews

"At last, someone has provided parents with a fun-filled, non-threatening approach to help children who hold in their bowel movements. Dr. Bennett's book will be a permanent fixture in my waiting room." - Benny Kerzner, MD Chairman, Department of Gastroenterology, Children's National Medical Center"

"At last, someone has provided parents with a fun-filled, non-threatening approach to help children who hold in their bowel movements. Dr. Bennett's book will be a permanent fixture in my waiting room." --Benny Kerzner, M.D., Chairman, Department of Gastroenterology, Children's National Medical Center "Every child with toilet training trouble should see this book!" -Allison Schonwald, M.D., Pediatrician, Harvard Medical School, Author of the Pocket Idiot's Guide to Potty Training Problems "It Hurts When I Poop! is a wonderful book. My daughter runs a little show, digestion-wise,

and is prone to tummy aches when she holds everything in. Dr. Bennett's story provided her with knowledge about her body, confidence in her intelligence, and a plan to remedy the situation. I heartily recommend Dr. Bennett's smart, playful treatment of a frustrating problem." -Mary Kay Zuravleff, Author of *The Bowl is Already Broken* "This is a terrific book that will help children overcome the fears they experience while using the potty. I highly recommend this book and think it will be enthusiastically received by parents and children alike." -Teri Crane, Author of *Potty Train Your Child in Just One Day: Proven Secrets of the Potty Pro*

Truly is great! My son constipated himself from being so scared to poop so suddenly and out of nowhere. Wouldn't go in his pull up or potty. Unfortunately, this book came like 8-9 days after I bought it, and we had solved most of our troubles by this point, but was still a reassuring read for my son. Totally love that it mentions going in a pull-up is ok at first, especially if they're worried or scared. I felt like this book was made for my son and his situation. Would recommend this story highly if your older 3 year old-4 year old is having issues

This is a great book! My little sometimes feels the need to hold her bowel movements, and it turns into a large ordeal. I got this book thinking she would relate to another child doing the same. She enjoys it. She asks to read it sometimes when she has the urge to start holding it. This book hasn't resolved her situation, but it has helped her be aware that she does it and has given her another perspective as to why it isn't good to so. I'd recommend this!

I've got twins who were born at 27 weeks but you wouldn't believe. They are 4 years old now and let's just say potty training has been daunting but patience is what I hold on to. My oldest is having issues withholding and this book has helped. I wish he would get out of his phase but all I can do is wait and be understanding of the situation. Ever since they were little they were on a high calorie formula. They gained a lot of weight and used to require suppositories every few days. Fast forward they developed a terrible diaper rash that scared them to use the have a BM. Well one got over it with the help of medication but the other hasn't. We've done suppositories, laxatives and now we're at an enema stage every week. He understands "taking out the trash" and being the "boss of his body" which has helped. I just hope in time the more we read the closer we get...it's too soon to tell

If your kiddo is needing some help in this area I think this is a winner book. There is a part when the

boy goes to the doctor and she shows him a diagram of the inside of the body and how food moves through and out in a very tasteful way. This seemed to be especially helpful for our child as it seemed to help her understand what the whole process is about and how it's supposed to work. It's a bit lengthy, but I just cut out parts that I didn't want to read to make it shorter/more applicable to us.

I would definitely change the age recommendation for this book. It's really text-heavy for a three year old, we barely got through two pages. Even a four year old may not have the attention span for the length of this story. The story is a little weird--the doctor tells a boy who's scared to go poo (because it hurts) about a coyote who is basically a hoarder. His house gets so full of garbage that it bulges and he finally has to clean it. He then compares that to the boy's situation with the poop. It sounds like it's helped some people, it just didn't work for us.

A little too wordy for my little potty training toddler. Still haven't been able to sit through the whole book and she has since ripped the pages as well since it's all paper. Long and lots of reading. Would not recommend.

We have been having difficulties with our 3 year old not wanting to poop in the potty. I came across a review for this book and am so glad I ordered it. It allows my son to think about and hear about his problem with the characters in the book not his parents (which is great because he is a bit contrary these days) and to realize he isn't alone. After reading the note to parents I realized that he was very actively trying to hold his poop and that has stopped since we got this book. Since we started reading this book he has been pooping more regularly and more easily. It has been a lifesaver for us. And the book holds my son's attention. He has brought it to me several times to read and seems to enjoy it. At the end there is a "poop plan" created for the little boy in the book that contains several things those of us who order a book like this already know. But someone else coming up with it (the little boy's doctor) makes it a more neutral subject to discuss. We have even gotten our son eating more oatmeal because of the "poop plan" and he has tried "potty practice" a few times which lead to using the potty. I highly recommend if you have a kid with potty problems.

Frankly I didn't love the book myself (found it a bit overly anatomical) but my 2.5 year-old went from tears and tantrums every time #2 was due, to taking care of business several times a day without fuss. All in about two weeks after receiving this book and reading it on the toilet every time he asked

for it. It could have been a coincidence but I can't say for sure the book wasn't part of it. My kid really enjoyed the book and it certainly didn't hurt, for all I know it might have been the key. I'd generally recommend it, as if you're having a lot of trouble with this phase of development, anything that offers potential help is worth a shot! (By the way a small reward for a successful outcome seems to help too.)

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